

# > Eat > Drink PADDINGTON

## YOUR LOCAL *Gastro Guide*

From canalside dining  
and lazy lunches,  
to local pubs and intimate eateries

### PLUS

- + Let's do BRUNCH
- + BEST breakfast spots
- + DINE al desko
- + THEO RANDALL interview



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Welcome to  
**EAT, DRINK  
PADDINGTON.**

We uncover Paddington's hidden delights for dining throughout the day, and in an area of exciting changes, the new places and activities to try.

To make the most of what Paddington has to offer, take a GoBoat towards Little Venice, anchor at the Float-in Cinema, enjoy canalside dining or a cruise along Regent's Canal.

If you just fancy heading to the pub, we've got those covered for you too.

| Ashley Newman, Editor 2021



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## GET IN TOUCH



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# BREAKFAST & BRUNCH



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## Great days begin with breakfast

*Nothing sets you up for a productive day more than a hearty, healthy and nutritious breakfast or brunch. Here's our pick of the best local spots*

**F**rom a filling full English fry up to a beautiful bowl of granola, Paddington has a variety of breakfast and brunch options to ensure a wholesome start to your day.

### **Breakfast with a twist**

For the early risers, **London Street Brasserie** opens at

6.30am, allowing you to grab a hot and healthy breakfast from the get go. Using locally sourced ingredients (its fruit and veg are fresh from Covent Garden Market), fill up on eggs Benedict or smashed avocado on toasted sourdough. Or, from 7.30am, why not stop by at soon-to-be opened canalside **Gail's** artisan

- 1 Pancakes at Les Filles
- 2 Lois and Michela Wilson
- 3 Drink at Saint Aymes
- 4 The counter at KuPP
- 5 Follow the Pawprint Trail

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bakery and order a plate of delicious soft-baked Cacklebean eggs with buttered sourdough soldiers. For a vegan-friendly breakfast in Norfolk Place, **Les Filles**, run by two sisters Sonia and Hayet, serves guilt-free pancakes topped with coconut cream, raspberry and chia jam and revitalising, ethically sourced ginger tea.

For more than 50 years, **Bonne Bouche** has specialised in the most delightful selection of pastries. If you can steel yourself away from its scrumptious gateaux, go for a traditional German brezel or fresh nougat twist. Hurry though, they sell like hot cakes!

Fancy breakfast with a Middle Eastern twist?

**Assal Patisserie** is the ultimate in Persian indulgence. Start your day with one of its fragrant rosebud and cardamom teas and a spicy raisin cookie.

For an easygoing, people-watching kind of vibe, grab a seat outside corner nook café **Lite Bite** and tuck into a delicious and nutritious cheese and ham omelette.

If you enjoy a local walk why not indulge your love of Paddington's most famous bear by following the popular **Pawprint Trail**, which starts at the Paddington Shop in Paddington Station? Look out ▶



◀ for a very special blue-flocked Paddington before popping into **Pure** to grab some healthy fast-food options like a super start toastie, with feta, spinach and mushrooms. Otherwise why not savour it in the landscaped garden on Kingdom Street?

## Smell the coffee

If you are heading south en route to Hyde Park and need a caffeine fix to keep you going, pop into **Harrison's Coffee** for speciality coffee or its homemade chai. Also grab a granola to go. For coffee beans from around the world, **Markus Coffee** has 34 varieties from 13 countries. Why not opt for its Regent and Negresco blend? It's a strong coffee formulated by Mr Markus himself in 1958.

For more contemporary coffee makers, **Black Sheep Coffee** is coming soon to



Paddington Central and looks set to become another go-to coffee mainstay in the area.

Otherwise on Merchant Square, you could grab a white hot chocolate from **KuPP** (a Scandi restaurant with outdoor seating) or the eye-catching "silver bullet" **Bar Torelli**, which provides the perfect Italian focaccias to fill you up. Speaking of Italian, **Mimo's**

- 6 Bar Torelli
- 7 Darcie & May
- 8 Kioskafé newsstand

**Café** serves up *la dolce vita* with an English twist. That twist coming in the form of a traditional breakfast of fried eggs and grilled bacon, all washed down with mugs of hot tea. Two sugars optional.

## Hold the front page

A tip if you are looking for a good read, maybe something to help pass a long train ride:

**Kioskafé** (opposite St Mary's Hospital) is both newsstand and coffee bar. Missing your copy of *The Phnom Penh Post* or *The Zimbabwe Independent*? Well, you're in luck as you can print straight from a catalogue of global newspapers on demand. Pick up an iced matcha latte or a cinnamon bun to share. If you're not one for inky fingers then why not download the inspirational *Winners Circle Breakfast Podcast* instead, created by the owners of **Saint**





**Aymes** in Connaught Village: two sisters, Lois and Michela Wilson. Saint Aymes is a floral paradise with a unique and wonderful edible art menu. Now with outside dining (which you can enjoy from 10am), it's an Instagrammable spot to sip a unicorn latte.

Next door to Saint Aymes, **Abasto** offers a meatier option, where you can pick up a tasty empanada or an Argentinian breakfast of smoky chorizo and scrambled eggs.

### From ship to hip

The best brunch spots come with a view, so for that head to the canal. Buzzing Aussie food chain Daisy Green offers a number of options in Paddington. The best for an early visit would be its pretty site **Beany Green** in Little Venice or **Darcie & May Green**, two boats moored on the Grand Union Canal. The latter's Epic All Day Brunch can be

enjoyed al fresco on the boat's top deck. And, like many Paddington businesses, Darcie & May Green took a socially conscious direction during lockdown and donated 50,000 of its perfectly light pillowy lamingtons to NHS workers at St Mary's Hospital.

For a more rustic feel pop into **Le Pain Quotidien**. Sat amongst the reclaimed wooden communal tables it's the best place to spend a relaxed morning breaking bread with friends. Its Royal Brunch and Botanic Platter make for great conversation starters.

For something more hip, make a pilgrimage (ahem!) to Workshop Coffee in **The Pilgrim** hotel on London Street. Grab a watch point on the terrace and enjoy a gunpowder mint tea and a classic bacon butty.

The perfect way to end your morning in Paddington. 🍷



## RECIPE FORGET LOCKDOWN BANANA BREAD AND RELISH IN ROCKY ROAD...

This rocky road recipe comes from nostalgic childhood baking back home in Australia by **DAISY GREEN** founder Prue Freeman.

### INGREDIENTS:

- 500g pink and white marshmallows (large size)
- 1kg milk chocolate
- 75g coconut oil
- 250g soft liquorice
- 125g dried cranberries
- 125g flaked almonds  
(Makes one large 30 x 20cm tray)

### METHOD:

- 1** Cut marshmallows in half using a sharp pair of scissors dipped in boiling water, then slice soft liquorice into 0.5cm cubes. Mix marshmallows, liquorice and cranberries in a bowl and set aside.
- 2** Line a 30 x 20cm lamington tin or tray with greaseproof paper. Melt the chocolate with coconut oil in a double bowl. Spoon ¼ of the melted chocolate mix onto the greaseproof paper and spread with a spatula. Working quickly, spread the dry ingredients (excluding almonds) evenly on top.
- 3** Pour remaining chocolate over the dry ingredients and use the back of a large spoon to work the chocolate into the marshmallow mix. Top with flaked almonds and refrigerate until set.



# PICNIC TREATS



## Make the most of the great outdoors



*Now that the warmer weather has arrived, gather a group of friends and spread out a blanket, or bag yourself a bench and enjoy a picnic*

**W**e all know that feel-good food, exercise and the great outdoors can have a positive effect on your mood. So why not combine all three in Paddington?

Bathe in serenity and feel the grass beneath your feet with free gentle flow **yoga classes** in Norfolk Square Gardens in partnership with Live Karma Yoga every Tuesday between 10am and 11am until September. Grab your yoga

mat, bring a friend (or colleague) and head down for an invigorating session before enjoying a picnic afterwards.

### GLOBAL LUNCH

If you are craving post-workout nutrition, and are only a walk from Norfolk Square Gardens, you can get a protein fix from

- 1 Saint Aymes cakes
- 2 Yoga in Norfolk Square Gardens
- 3 Merchant Square food truck
- 4 Picnickers relaxing
- 5 Picnics in Merchant Square

**Abasto** in Connaught Street. This treasure trove of delights is the place to pick up some delicious Argentinian antipasti. Don't worry, we won't judge you if you decide to add a Malbec to your hoard. And if you don't have time to browse, you can still get a taste of Argentina through the click and collect service from **Casa Malevo** nearby. Try the steak sandwich! Also on Connaught Street, **Assal Patisserie** caters for those with a sweet tooth, along



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with providing halal food. This sumptuous selection of Iranian treats lists saffron and pistachio ice cream and nokhodchi (a sweet chickpea cookie), along with savoury options of delectable Persian pickles.

The two French sisters behind **Les Filles** are on a mission to “feed your body and soul with tenderness and care”. This is helpfully done with their picnic basket for two, filled with salads, sandwiches, wraps and cakes. They are also great for those looking for vegan options. For something seasonal (and around the corner from Norfolk Square), **Lena’s** uses market-fresh ingredients for

### HOLIDAY AT HOME PICNICS

Enjoy live lunchtime music on the last Friday of every month throughout June, July and August from 12-2pm. The theme is holiday at home and we are taking you to Mexico with Mariachi Rey in June and you’ll be sipping a cocktail on the beach with the sounds of the Caribbean steel drums in July.



dishes such as aubergine salad with pomegranate sauce. Enjoy it with some tasty Taiwanese bubble tea from new store **T4**, also on Praed Street. From Pearl to Panda, you can find your perfect milk tea to pair with your picnic. Otherwise, why not pick up



simpler (but no less tasty) options like sandwiches, snacks, cakes and coffee (including soya, oat and almond milk substitutes) from the wonderful **Kioskafé?** Grab a paper to read as you lounge around as well.

### INDULGE YOUR SENSES

For filling, tasty street food head to Merchant Square, where you’ll find food trucks ranging from Mexican to Chinese – and even cuisine from the foothills of the Himalayas. What to choose? Hit **Hola Guacamole** for Mexican favourites (yummys tacos and burritos). Chinese specialists **Rice Guys** for fresh and natural dishes like smoky barbecue pork or Hainanese-style chicken and **Simply Falafel** for wholesome, traditional wraps. You can even try Nepali or Tibetan street food from **Aloo Tama**.

Finally, if you feel like a proper reward after your yoga session, find beautiful cakes and chocolate, lavished with 23ct gold no less, at **Saint Aymes**. Enjoy your picnic with a side of sunshine. **EP**

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### PADDINGTON PICNIC SPOTS



- 1 Hyde Park** Head north of The Serpentine for great views of this Grade I-listed Royal Park.
- 2 Paddington Central** Pick a spot alongside the canal in the heart of Paddington.
- 3 Big screens** Enjoy your picnic while watching Wimbledon or the Olympics on the big screens at Paddington Central or Merchant Square.
- 4 Floating Pocket Park** Float above Paddington Basin and relax on verdant decked lawns.
- 5 Go Boat** Take a self-drive boat along Regent’s Canal and up to Little Venice, taking in the stunning views along the way.
- 6 Garden Squares** Relax in Norfolk Square, Talbot Square or Sussex Gardens, all a few minutes’ walk from Paddington Station.



# Dine at desko

Even if you're a little time poor at lunchtime there are plenty of tasty, easy options you can take back to your desk. We've found the best of the best to save you time...

## Best for...

### Noodles, pasta and rice

○ **WHERE: WAGAMAMA**

We recommend: Pad Thai – chicken and prawns with rice noodles, amlai sauce, egg, beansprouts, leeks, chilli, red and spring onions, fried shallots.

○ **WHERE: MERCHANT SQUARE FOODTRUCKS – RICE GUYS**

We recommend: Funghi mapo tofu – dried shiitake mushrooms for umami flavour, medley of fresh mushrooms, rice and parsley.

○ **WHERE: LITE BITE**

We recommend: Penne arrabiata with chilli peppers and tomato sauce.

○ **WHERE: MIMO'S CAFÉ**

We recommend: Spaghetti meat balls with goulash sauce.

## Best for...

### Hot dishes

○ **WHERE: PARAMOUNT LEBANESE**

We recommend: Tabliyah saj chicken shawarma with garlic sauce, pickles and saj bread.

○ **WHERE: LORDS OF POKÉ**

We recommend: Smoked pulled pork or spicy Korean tofu on a bowl of rice, slaw and edamame.

○ **WHERE: MICKY'S FISH & CHIPS**

We recommend: Battered jumbo sausage and chips or your classic cod and chips.

○ **WHERE: CASA MALEVO**

We recommend: Beef empanadas with onions, eggs and salad, or for vegetarians, spinach and mozzarella empanadas.

Clockwise from top right:  
Harrison's Coffee  
perfect cortado;  
Beany Green daily salad;  
Casa Malevo empanadas;  
Wagamama pad Thai



## Best for... Post-lunch caffeine fix

### ○ WHERE: HARRISON'S CAFÉ

We recommend: A flat white or a cortado for a perfectly-roasted pick me up.

### ○ WHERE: MARKUS COFFEE

We recommend: Brazilian Santos dark roast coffee, which is rich and smooth without the bitterness.

### ○ WHERE: BLACK SHEEP COFFEE

We recommend: Robusta revival frappé topped with cream and sea salt caramel.

### ○ WHERE: T4

We recommend: Taiwanese coffee jelly milk tea, served ice cold.



## Best for... Sandwiches and pastries

### ○ WHERE: SANDRO

We recommend: A fresh ciabatta tuna melt.

### ○ WHERE: BONNE BOUCHE

We recommend: Walnut flan or the bulls pecan pie.

### ○ WHERE: BARTORELLI

We recommend: Mozzarella, aubergine, peppers and courgettes paninoteca. <sup>EP</sup>

## Best for... Salads and deli pots

### ○ WHERE: PURE

We recommend: The Cauli Willoughby – super seeds and super grains topping sweet potato, cauliflower and broccoli.

### ○ WHERE: LENA'S

We recommend: Fattoush salad – lettuce, tomatoes, parsley, peppers, onions, sumac, pomegranate sauce and crispy bread.

### ○ WHERE: IT'S ALL GREEK TO ME

We recommend: It's All Greek to Me salad – baby kale, tender baby leaves, crunchy radicchio, lamb's lettuce, frisée, pomegranate and dry figs, sautéed with balsamic and honey sauce.

### ○ WHERE: BEANY GREEN

We recommend: Detox box with a choice of three daily changing salads, plus avocado and egg nest, and housemade chilli pesto dip.



# The Italian job

*We grill the master of Italian fine dining, Theo Randall, on his love of Italy and how he brings his passion to Spring Street's ASK Italian*

A combination of early childhood visits to Italy and being talent-spotted by Max Magarian of acclaimed London restaurant Chez Max meant that Theo Randall was destined for a bright culinary future.

It was under Theo's patronage that The River Café received its first Michelin star in 1997, before he launched his own restaurant Theo Randall at the InterContinental in 2006. So, it seems only natural that Theo would join the ASK Italian family, to share their love of great food and sociable mealtimes, just as the Italians do...

## How did you start out in the industry?

I started part-time washing dishes; I loved the atmosphere and hustle and bustle of a busy kitchen. I wanted to learn to cook properly, so I got a job at Chez Max working with a brilliant chef called Max Magarian. The food was French, so I learnt the classic way, but my passion was always Italian, as I had experienced a love of Italy from my parents. I was head chef at The River Café for many years, where we went on trips to Italy to search for inspiration and new ingredients. I left to launch my own restaurant, Theo Randall at the InterContinental; within a year we

“ I'm passionate about sharing my love for delicious ingredients, then adding that element of theatre for a 'wow' moment at the table ”

won Italian Restaurant of the Year and it wasn't long after this that I started working with the ASK Italian team on developing their menu.

### What do you enjoy about working with ASK Italian?

I have spent many happy hours in the ASK Italian kitchens, experimenting and creating new dishes at the Spring Street restaurant. We invite key people to Spring Street to taste our latest innovations and sometimes put dishes out for customers to try, so we can capture real-time feedback. I am passionate about getting alongside chefs from across the business and sharing my love for simple, delicious ingredients. Then it's about adding that element of theatre that gives a customer that 'wow' moment at the table.

### What is your favourite ASK Italian dish and what was your inspiration behind it?

It's no secret that I love pasta most of all and when we were playing with different twists on a Genovese pesto pasta dish, we came across something really special. We worked with a small basil farm just outside

Verona to grow a crop of purple basil that could be made into pesto exclusively for ASK Italian. It was an absolute pleasure to revive the nation's love for pesto pasta in a way that remained true to its traditional recipe, just with added natural colour. ASK Italian are brilliant at bringing elevated classics to a mainstream audience and making innovation accessible on the high street.

### What do you love about Paddington?

Sometimes when I'm in the area I like to wander along Paddington Basin and picture myself in Venice. If you keep following the canals you do actually end up in Little Venice, so I suppose that makes sense!

### What inspires you most from Italy?

That the food connects people. Mealtimes are a social occasion – it's about sharing, good conversation and the all-important aperitivo. A sense of hospitality and of family. My kids love it too! In Italy, they work with the seasons to get the best out of the ingredients. Like the Esposito brothers who grow olives in Puglia in southern Italy. They insist on picking and pressing their olives within 24 hours of harvesting for the olive oil they make for ASK Italian. It really does make a difference to the flavour.

### What is your favourite childhood memory from Italy?

We went to Italy all the time as a family and if we weren't, we were experiencing Italy through my mother's cooking. I will never forget the taste of the first wood-oven pizza. I remember the chewiness of the dough and the little burnt marks that just added to the flavour. I can still taste in my mind the tomato, oregano, black olives and mozzarella – wow! So simple but one of the best combinations ever. 🍕



**Theo Randall (opposite page) loves the philosophy behind Italian cooking at ASK restaurants including Spring Street (above and below)**



### ASK perks

Get rewarded for your love of Italian food with ASK Perks. [Click this link askitalian.co.uk/ask-perks](https://www.askitalian.co.uk/ask-perks) and enjoy monthly perks this summer, such as a free Aperol spritz\* every time you dine during June, with more exciting gifts and treats to follow!

\*Terms and conditions apply, please check the website for full details.

# *At your* **LEISURE...**

*Now we can spend time in the company of our friends and loved ones again, why not properly catch up over a long lunch in one of Paddington's many restaurants or a couple of drinks in a canalside bar or traditional pub?*





There's nothing like stretching out a leisurely lunch date. Soaking up the atmosphere, enjoying good company and taking pleasure in delicious food and refreshing drinks. Luckily, there are plenty of restaurants and pubs in Paddington to do just that ...

### Modern vibe

For the ultimate in al fresco dining head over to Grand Union Canal as moored outside Paddington Station are two wonderful canal barges. **May Green** houses a café and the Discover Paddington centre, while **Darcie Green** is a restaurant with a range of elegant dining options, cocktails and craft beers. Otherwise there's **Beany Green** in Sheldon Square also providing a great canalside spot for summer drinks.

Taking inspiration from the lower Manhattan street scene of the Eighties, **Huckster** is a multi-level space with street food, cocktails and a sun terrace. Enjoy hand-stretched sourdough pizzas ▶

Darcie & May Green © Michael Pilkington; Huckster © Michael Pilkington.



◀ and tasty burgers perched up on the High Line, or bowls of steaming noodles in China Town. Then set your inner 80s child free at Rubell's Karaoke Lounge.

Looking for a boho festival vibe? Then **Pergola** is the go-to with drinking and dining alongside live DJs and bookable daybeds.

Featuring four restaurants: Filth&Co for dirty burgers, Salt Shed for slow-cooked BBQ flavours, Niji Kitchen for Asian sharers and Thunderbird for killer chicken. Enjoy with a fun Moët fruit passion slushy.

Fans of craft beer club **Brewdog** will be happy to know that their Paddington



venue, overlooking the Floating Pocket Park, doesn't disappoint. Order a Temple of Seitan burger alongside a pint of Elvis Juice IPA (or have it guilt-free with their non-alcohol and vegan options) before a game of tabletop shuffleboard.

Just a stone's throw from Little Venice, overlooking the canal on one side and a stunning amphitheatre on the other, **The Union** is an industrial-style bar with a reasonably-priced menu that features locally-sourced dishes such as haddock from the English south coast and meats from native-breed cattle.

**Heist Bank** has a similar vibe and serves great pizzas and bar food.







### Global but local

A neighbourhood gem can be found at **Colbeh**, which serves jewel-coloured Persian dishes. Share a chelo khoresh ghormeh sabzi, a kidney bean stew topped with red radishes. Or gaze through floor-to-ceiling windows that overlook Sheldon Square's amphitheatre at **Massis**, a traditional Lebanese grill dishing out delicious stews, flavourful salads and sensational sharing platters.

Moving further east (in taste at least) **Pearl Liang** – Paddington Central's

- 1 Darcie & May Green
- 2 Huckster
- 3 Brewdog
- 4 Wagamama
- 5 The Union
- 6 Massis
- 7 Flavors of India

### FOR SOMETHING SPICIER

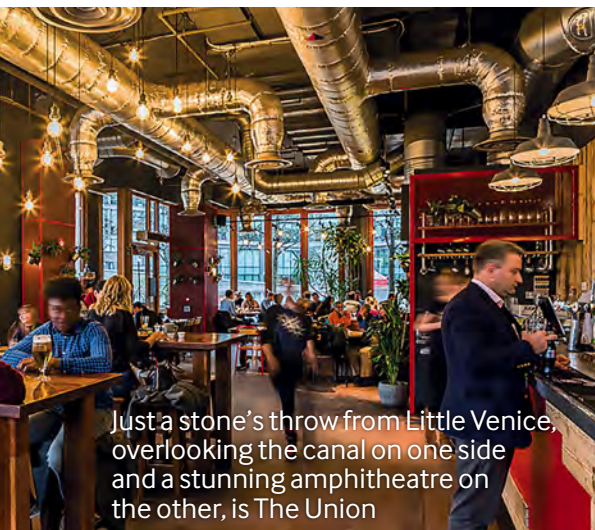
**Golden Shalimar** – filling and delicious Bengali and Bangladeshi cuisine.

**Mughal's** – known for its great service, Northern Indian-style butter sauces and a mouth-watering Sunday lunch buffet.

**Flavors of India** – its quirky décor features an Indian bus turned into a bar, but the flavours themselves are classic. Tuck into a tikka, tandoori, bhuna or a cracking Goan fish curry.



Brewdog © Michael Pilkington; Massis © Holly Farrier; Flavors Of India © Will Ambler; Union Bar © Unnenn Bar; Wagamama © P.O'Sullivan.



Just a stone's throw from Little Venice, overlooking the canal on one side and a stunning amphitheatre on the other, is **The Union**

cosmopolitan Chinese restaurant – has a pretty pink interior that makes it a feast for the eyes, while the speciality dim sum (and carefully selected wine list) is a feast for the tastebuds.

For a taste of south-east Asia, visit Malaysian eatery **Satay House** and slowly work your way through plates of nasi goreng kampung (fried rice with anchovies, chilli and egg) and nasi lemak (coconut rice packed with heat from a fiery prawn sambal).

Finally, take your time and indulge in Japanese-inspired dishes, such as warming chicken katsu (see our recipe on page 34) and citrusy raisukaree curries at the glossy new **Wagamama** in Sheldon Square. ►



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### ◀ Absolutely gorge-ous

Slowly work your way through wings by the kilo at Victorian beauty **Fountains Abbey**. This spacious and friendly pub has a modern menu but a historic past, as it was founded in 1823 and was a regular haunt of Sir Alexander Fleming, the scientist who discovered penicillin.

For a good steak, which should never be rushed, you are going to need a few hours at **Angus Steakhouse** to tuck into its prime cuts of Aberdeen Angus and double-dipped BBQ ribs.

Over at Paddington's souvlaki bar, **It's All Greek to Me**, choose from popular gyros platters and souvlaki wraps, or go traditional and try

moussaka (baked potatoes, beef and aubergine in béchamel sauce).

Two very different types of Italian can also be found nearby: **Bizarro**, a marble-laden eatery which serves delectable, authentic Abruzzi-style dishes – and easygoing **ASK Italian**, which does a bit of everything: delicious antipasti, calamari, bruschetta, pizza, pasta, fish, the works.

To while away a lazy day, mosey over to **Le Pain Quotidien** café and choose avo-on-toast, and grilled cheese and leek croque. Or watch the world go by at **Frontline Club Restaurant**, a stylish and cultured restaurant adorned with the most iconic photographs of the 20th

- 8 The Victoria
- 9 Bondi Green roast
- 10 Le Pain Quotidien
- 11 Frontline Club Restaurant



### SUMMER SOUNDS

**If you have** stretched your lunch out to the early evening why not catch some live music in Merchant Square, which will be staged on the Floating Pocket Park. Every Thursday until 9 September at 5.30-7.30pm, you can enjoy the likes of viral sensation Rob Falsini (check out his rendition of Snow Patrol's *Chasing Cars* in Covent Garden) or BBC Radio 2 playlist favourite Lucy May Walker. Other talents include Rich Keam, Robbie Boyd, Luca Fiore, Charlotte Campbell, John Dhali, Joncan Kavlakoglu, John Clapper, Dan Spiller, Alex Hall, Jamie Balcanquall and Emma Withers.

The Victoria © The Victoria; Bondi Green © Bondi Green; Le Pain Quotidien © Le Pain Quotidien; Frontline Restaurant © Frontline Restaurant; Live music © Merchant Square.



century. There's no rushing such hearty fayre as lamb pie direct from the owner's farm in Norfolk or its famous vegetable Wellington.

For a more modern take on British cuisine, pop over to **London Street Brasserie**, where the menu changes with the seasons, to ensure an ever-changing dining experience.

### Sunday roasts

For arguably the best Sunday roast in Paddington, head over to **The Victoria** at Strathearn Place. Step back in time at this elegant, old-worldly pub with a menu that also boasts dry-aged 12oz sirloin steak on the bone. Save

time to discover **The Theatre Bar and Library** upstairs.

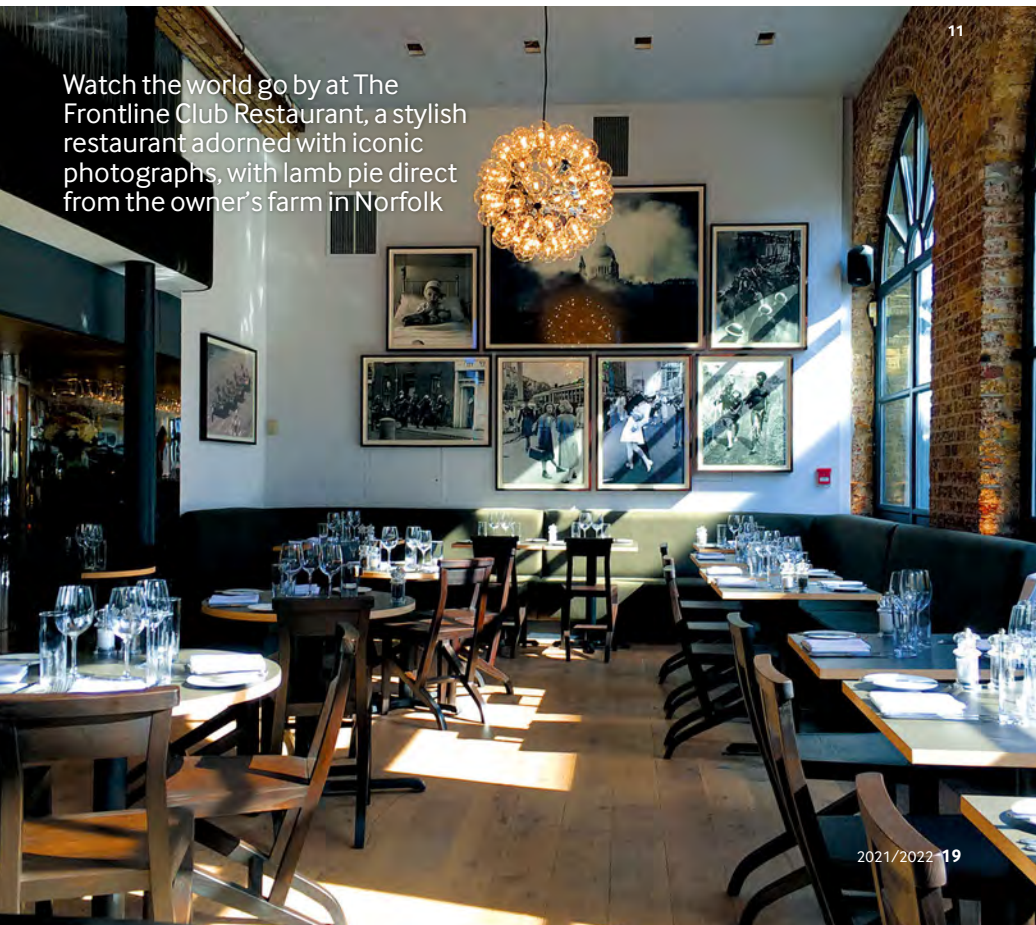
Make sure to book ahead for your Sunday sitting at **The Cleveland Arms**, a Grade II-listed atmospheric pub with



the head chef being former **MasterChef** contestant **Elisabeth Passédat**. She prides herself on offering a daily changing menu which also features pan-fried pollock and onglet steak with mojo verde.

And while **Bondi Green** may be an Aussie franchise (with sister restaurants being **Darcie & May** and **Beany Green**), owner **Prue Freeman** knows what a good Sunday roast is all about, offering 45-day, dry-aged roast ▶

Watch the world go by at **The Frontline Club Restaurant**, a stylish restaurant adorned with iconic photographs, with lamb pie direct from the owner's farm in Norfolk





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◀ beef and prime English lamb, corn fed whole chickens and a fermented mushroom vegan Wellington.

### Pubs and bars

The **Dickens Tavern** is the ideal place to catch up with friends over a hearty portion of fish and chips. A local institution that dates back to the 19th century when Charles Dickens was the celebrity of the day, it's one of Greene King's perfect places to savour a pint due to its friendly locals.

Also nearby, **Sawyers Arms** is known for its fresh look and craft beers

on tap. Stretch out on the picnic benches outside and feast on beer-battered cod and triple-cooked chips, and look out for its cider festival.

Otherwise the

**Duke of Kendal** is another great place to get your traditional pub fare, or to just get away from the nearby hustle and bustle.

If you like your steak and ale pies, order one at **Pride of Paddington** followed by a sticky toffee pudding, where you'll need the afternoon to do it justice. While a good pie can also be found at **The Royal Exchange**, it's worth trying their new pizzas: we recommend the Nduja pizza with butternut squash cream, fior di latte cheese, blue cheese and red onion.

Lose track of time in the hidden beer garden at **Monkey Puzzle** in Sussex

Gardens. While the venue itself is hidden by the tree where this pub takes its name, expect a menu of epic starters, crisp pizzas and classic mains, with on-par vegan, gluten-free and vegetarian options. And if you enjoy a good variety of well-kept ales, this is the place for you with World Beer Award winners The Golden Champion and a hoppy Hopping Hare from Dorset-based brewery Badger.

Also tucked away behind Sussex Gardens is **The Heron**. You can find a few unexpected surprises here too: the Thai Zapp restaurant serving regional dishes from Thailand and the Handlebar Club, which meets on the



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Sawyers Arms © Holly Farrier; Prince of Wales © Holly Farrier; Monkey Puzzle © Michael Pilkington; The Dickens Tavern © Holly Farrier.



15



- 12 Sawyers Arms
- 13 The Dickens Tavern
- 14 Monkey Puzzle
- 15 The Prince of Wales

first Friday of every month to celebrate “the hirsute appendage of the upper lip”.

The Prince of Wales meanwhile is a bright pub on Cleveland Terrace and is not as traditional as the name might suggest. It serves an English menu all day, but from 12 noon you can also opt for tempting Thai treats, such as green curry. Sweeten up your day by taking home a jar of Prince of Wales honey from its rooftop hives afterwards.

And again, for the less traditional, the owners of The Sussex Arms have only gone and converted an Airbus engine into a bar, complete with replica airport signage. It's destined to become of the liveliest places in Paddington to sit with friends and sip a cocktail or a pint of Sadler's Peaky Blinder black IPA. [EP](#)



Come down to the  
**WATER**

*It's at the canalside where Paddington comes into its own, with waterside restaurants and bars, plus activities galore*





1 Darcie & May on the canal facing the terrace at Bondi Green  
 2 The Floating Pocket Park  
 3 Bar Torelli

Canalsideview©Michael Pilkington; Bar Torelli©Michael Pilkington; Floating Pocket Park © Michael Pilkington.

## Paddington Basin

Make a beeline for Merchant Square, where you will be surrounded by options to soak up its unique canalside atmosphere. **KuPP** is a pure joy when the sun is out. The all-day casual Nordic dining spot has plenty of outside seating as well. Enjoy a sharing board loaded with home-cured gravdax, and house-smoked pork meatballs, and sip on a spiced p̄aron (its unique creation of pickled pear and beetroot shrub) while watching the paddleboarders and GoBoat day trippers sail by.

If you prefer to sit on the green or in front of the fountain in the heart of Merchant Square, grab a pizza from **Bar Torelli's** new Airstream trailer. It's a cool conversion that only adds to the Italian coffee maker's charm.

If it's the weekend, head over to **Lockhouse** for a bottomless brunch and a choice of 13 beers on tap. Or head to the end of Paddington Basin to **Brewdog**, also offering an extensive tap list to enjoy at the waterside with a burger.

Sandwiched in between there's family favourite **Pizza Express** where, if you are outside on a Thursday evening, you can soak up the sounds of live music right in front of you on the Floating Pocket Park. And here harbours a hidden gem: **The Boathouse**.

Available for hire and private rooftop ▶



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3

**GOBOAT** Travel through Little Venice and Maida Hill Tunnel to Regent's Park, London Zoo and Camden Lock. Prices start at £79 for the first hour for up to eight people. Children and dogs are very welcome.

**TRANSFORMATION TUESDAYS** Look out for the health and wellbeing programmes on the Floating Pocket Park or canal organised by Active 360, and take part in paddleboard yoga, VOGA, Barre, yoga and body bootcamps. Free every Tuesday evening at 6pm until 7 September.

◀ dining, it provides the perfect venue for an overnight stay on the water.

If this type of intimate setting appeals, nestled behind the waterside buildings you will find **Heist Bank**, good for sipping prosecco or munching pizza on a warm evening. Hence why this is popular for after-work drinks straight from the office, made better by its recently expanded outdoor seating area.

## Grand Union Canal

Sister venues **Bondi Green** and **Darcie & May** have the right idea when it comes to enjoying the canal al fresco style. **Bondi Green** offers a sophisticated outside terrace to complement its sleek indoor space and it also looks out onto the colourful **Darcie & May** barge restaurants, docked on the Grand Union Canal itself. Both offer modern, delicious Antipodean cuisine.

Seafood fan? Step aboard one of **London Shell Co's** two restaurants. For the cruisers among you, **The Prince Regent** takes you along Regent's Canal while you consume your keta caviar. For those who prefer to stay anchored, you can enjoy oysters and lobster aboard **The Grand Duchess**, or sat alongside at a table on the towpath.

Cheese lovers, listen up! **The Cheese Barge** is a 96-foot double-decker vessel at Paddington Central that offers a seasonal British cheese menu all paired with wines from small producers. Try a half-kilo Baked Baron or lamb scrumpets with fresh goats' curd.

British is also the theme at **Smith's Bar & Grill**, where you can enjoy a sumptuous steak or order your favourite cocktail while sat on its year-round terrace.

For alternative cuisine, **Ayllu** offers a Peruvian and Japanese fusion so you can pair ceviches with sashimi to your heart's content. And if you're brave enough, try its perfectly sharp Peruvian Pisco sour.



4

- 4 Outside seating at KuPP
- 5 The Grand Duchess
- 6 Wine tasting at Vagabond
- 7 Outside Heist Bank



5






### ACTIVE360

**If you're feeling energetic**, why not give canoeing or stand-up paddleboarding a try with the Active360 team? It's a great way to actively explore Paddington while improving your general fitness, balance and strength. Right by the Rolling Bridge you can sign up for both paddleboard and canoe hire, where Paddington Basin offers the ideal place to practice your skills before venturing out towards Regent's Canal and Grand Union Canal. For more information visit [active360.co.uk/paddleboarding-paddington.htm](http://active360.co.uk/paddleboarding-paddington.htm)



Otherwise there's always your failsafe **Zizzi** for some wholesome pizzas and pastas to accompany an Aperol spritz. Paddington Central's venue is vibrant inside and out, and along with its two-course weekday lunchtime set menu offer (including many Zizzi favourites we might add) it is well worth a visit.

And finally, if you're heading out with friends for drinks by the canalside, **Vagabond** is a must-visit. Try a taster to help you choose from a selection of more than 100 wines. Vagabond also boasts Paddington's only self-pour craft beer wall, which sounds the perfect way to end a wonderful day by the water. 



# In the MOOD for LOVE

*If it's date  
night and you  
really want to sweep your  
loved one off their feet, then you cannot go wrong  
with an intimate restaurant experience*

Whether you are planning some anniversary pampering, or looking for that perfect spot for a first date, Paddington is a paradise for food lovers. Offering everything from traditional pub grub and wood-fired pizzas to fiery curries and the freshest seafood, they're all guaranteed to fill your senses.

### Decadent dining

If the sky's the limit then head up to **Skylark Roof Garden**, a verdant oasis 10 floors up and perfectly perched overlooking Hyde Park, Notting Hill and the banks of Little Venice. This place has all the hallmarks of the perfect date night restaurant. Sip a gin elderflower spritz over a plate of baba ganoush, as you gaze out over the glorious city skyline. You and your date will feel on top of the world.

For love birds who are larks **The Pilgrim** on London Street serves brunch until 3pm. Sink into a plump sofa or seats on the outside terrace if the sun is shining (grab a knitted rug if it's not), then swoon over smoked salmon and eggs coupled with a refreshing Portobello gin and tonic.

If you want to follow in the footsteps of Queen Victoria – whose passionate romance with Prince Albert is the stuff of ▶



Kurobuta © Kurobuta, London Shell Co. © HH London Shell Co.

1



2

1 Sharing plates at Kurobuta 2 Drift away at London Shell Co

◀ legend – cuddle up with a pie and a pint in **The Victoria**, an award-winning, Grade II-listed pub built in 1838 (the same year as Paddington Station). Impress your date by telling them that Charles Dickens wrote *Our Mutual Friend* here.

Another classic venue is **The Hyde** at Roseate House London hotel. Choose scallops, black truffle and cold chocolate fondant from the modern European menu and eat to your heart's content in an elegant dining room dripping in chandeliers, dark wood panels and impressive oil paintings. Hyde Park is on your doorstep for a romantic stroll afterwards.

Another glamorous trip back in time can be taken at **146 Paddington** at the Hilton London Paddington. Set inside a grand stocco building, the bar itself boasts art deco touches and a flower-filled wall. Sink into a velvet sofa and share street food-inspired dishes

and travel-themed cocktails while sampling some of its 60 types of speciality gin and craft cocktails.

### Spice things up

Introduce some oriental style into your date by pushing the boat out at **Pearl Liang**. What could be more romantic than sharing a plate of lobster noodles



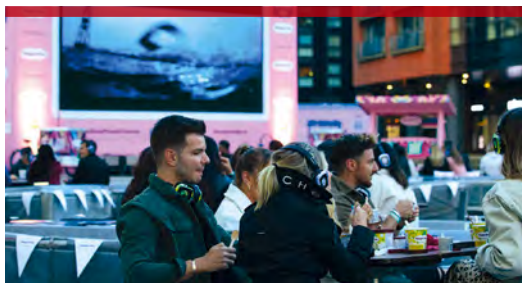
in a pretty pink dining room bedecked with bamboo and blossom? There are plenty of cosy alcoves here too, to let love bloom.

If you seek the heat of a classic curry make your way to **Noorjahan II** in Sussex Place. Devoted regulars flock here for reliable favourites such as chicken tikka masala, but why not spice up your night by ordering achari chicken – hot and sharp with lemon, fennel and fiery red chillies?

**Bombay Palace** is an opulent affair: the rich gold interior with chandeliers, walnut-panelled bar and modern art is on a par with its dishes, which are

- 3 Pearl Liang
- 4 The Cheese Barge
- 5 Pub-goers at The Victoria
- 6 Drinks at Skylark

Pearl Liang © Pearl Liang; The Victoria © The Victoria; Skylark © Nathan Carvell; The Cheese Barge © Nic Crilly-Haigrove; Openaire Float-in cinema © David Parry.



### WATERSIDE ROMANCE

**Before dinner why not** catch some **live music** on the Floating Pocket Park as part of the Summer Staycation Programme. Every Thursday until 9 September at 5.30-7.30pm.

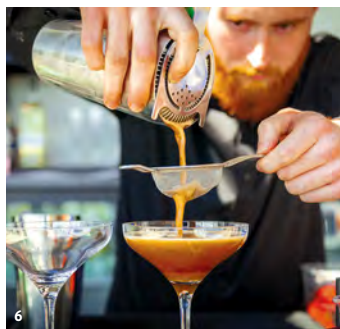
If you really want to make a night to remember, take a **GoBoat** cruise around Little Venice before mooring in Paddington Basin at the **Openaire Float-in Cinema**. The giant high-res screen facing the water will be showing date-night favourites and classic blockbusters. Check website for next showings:

[openaire.co.uk/whatson](http://openaire.co.uk/whatson). Alternatively, cosy up in front of the big screen outside 5 Merchant Square.





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After an evening spent floating on water, you and your loved one will end up floating on air

equally stunning. Tuck into a traditional Tariwala (this chicken curry is a Punjabi speciality). Or a Nilgiri with striking flavours of coconut, coriander and fresh mint. Vegans are in for a treat, as the soya tandoori expertly cooked in a clay oven is enough to stir any appetite.

### Splash out

**Kurobuta**, once a popular pop-up, is now a permanent fixture, serving tapas-style Japanese plates to share. Choose from dishes such as tuna sashimi pizza with truffle ponzu and wasabi tobiko to tea-smoked lamb chops with spicy Korean miso sauce.

Iconic shoe designer Jimmy Choo, meanwhile, has made strides into the restaurant world by opening **Maximini** in Sussex Place. His glamorous Chinese restaurant is accented by Malaysian influences, so try sea-spiced aubergine cooked in a clay pot followed by ice cream and red bean pancakes, packed with aphrodisiac qualities.

Prefer a plateful of traditional pasta or pizza? **Bizarro** on Craven Road serves classic Italian favourites amid its marbled interior with ceiling and wall murals. Slurp up tagliatelle for two downstairs in a secluded alcove. If your tastes veer towards the Middle

East, take your date to **Mihbaj**, which serves both modern and traditional dishes from Jordan and Palestine. Devour lamb dumplings with pine nuts cooked in yoghurt and served with aromatic saffron rice, a bowl of layered aubergines braised in tomato, or share a charcoal-grilled whole sea bass.

### Float away

If your beloved cherishes cheese, book a table on **The Cheese Barge**, a double-decker boat at Paddington Central. Tuck in to Devils on Horseback (Cropwell Bishop stilton stuffed inside Medjool dates and wrapped in bacon), or opt for aligot: puréed potato with lashings of Lancashire cheese. Absolute bliss and not cheesy at all!

Finally, we've long been in love with **London Shell Co**, whose wide-beam barges anchor on or cruise along the Regent's Canal taking in views of Regent's Park. Share a table or book the intimate banquet space for dinner à deux, and feast on oysters, Cornish hake and Jersey royals, followed by honey and ginger financier with Yorkshire rhubarb and toasted almonds. After a romantic evening floating on water, you and your loved one might well end up floating on air. 🍷



# THE & FOOD & DRINK DIRECTORY

Use this handy A-Z to locate  
all the restaurants, cafés, pubs  
and bars featured in this guide



## A

### Abasto

[abasto.co.uk](http://abasto.co.uk)

55-57 Connaught Street, W2 2BB  
020 7262 5267

### Angus Steakhouse

[angussteakhouse.co.uk](http://angussteakhouse.co.uk)

163 Praed Street, W2 1RH  
020 7706 4879

### ASK Italian

[askitalian.co.uk](http://askitalian.co.uk)

41-43 Spring Street, W2 1JA  
020 3302 0915

### Assal Patisserie

[facebook.com/assalpatisserie](http://facebook.com/assalpatisserie)

14 Connaught Street, W2 2AF  
020 7706 2905

## Ayllu

[ayllu.co.uk](http://ayllu.co.uk)

25 Sheldon Square, W2 6EY  
020 7286 9458

## B

### Bar Torelli

[bartorellilondon.com](http://bartorellilondon.com)

Paddington Station towpath,  
Paddington Basin, W2 1AS

### Beany Green

[daisygreenfood.com](http://daisygreenfood.com)

Sheldon Square, W2 6DS  
020 7289 3344

## Bizzarro

[bizzarro.co.uk](http://bizzarro.co.uk)

18-22 Craven Road, W2 3PX  
020 7723 6029

## Black Sheep Coffee

(COMING SOON)

[leavetheherdbehind.com](http://leavetheherdbehind.com)

Unit 4, 2 Kingdom Street, W2 6BD

## The Boathouse

[boathouselondon.co.uk](http://boathouselondon.co.uk)

Floating Pocket Park,  
Merchant Square, W2 1JX  
07528 515 363

## Bombay Palace

[bombay-palace.co.uk](http://bombay-palace.co.uk)

50 Connaught Street, W2 2AA  
020 7723 8855

## Bondi Green

[daisygreenfood.com](http://daisygreenfood.com)

1-2 Canalside Walk, W2 1DG  
020 3325 1340

## Bonne Bouche

[bonnebouche.co.uk](http://bonnebouche.co.uk)

129-131 Praed Street, W2 1RL  
020 7724 5784

## Brewdog

[brewdog.com/uk](http://brewdog.com/uk)

Harbet Road, W2 1AJ  
020 7723 5106

## C

### Casa Malevo

[casamalevo.com](http://casamalevo.com)

23 Connaught Street, W2 2AY  
020 7402 1988

### The Cheese Barge

[thecheesebar.com/paddington](http://thecheesebar.com/paddington)

Sheldon Square, W2 6DL

**The Cleveland Arms**  
[theclevelandarms.com](http://theclevelandarms.com)  
28 Chilworth Street, W2 6DT  
020 7706 1759

**Colbeh**  
[colbeh.co.uk](http://colbeh.co.uk)  
6 Porchester Place, W2 2BS  
020 7706 4888

## D

**Darcie & May**  
[daisygreenfood.com](http://daisygreenfood.com)  
Sheldon Square, W2 6DS  
020 3935 9045

**The Dickens Tavern**  
[greeneking-pubs.co.uk/pubs/greater-london/dickens-tavern](http://greeneking-pubs.co.uk/pubs/greater-london/dickens-tavern)  
25 London Street, W2 1HH  
020 7262 2365

**Duke of Kendal**  
[dukeofkendal.co.uk](http://dukeofkendal.co.uk)  
38 Connaught Street, W2 2AF  
020 7723 8478

## F

**Flavors of India**  
[flavorsofindia.co.uk](http://flavorsofindia.co.uk)  
46 Gloucester Terrace, W2 3HH  
020 7402 1100

**Fountains Abbey**  
[greeneking-pubs.co.uk/pubs/greater-london/fountains-abbey](http://greeneking-pubs.co.uk/pubs/greater-london/fountains-abbey)  
109 Praed Street, W2 1RL  
020 7723 2364

**Frontline Club**  
[frontlineclub.com](http://frontlineclub.com)  
13 Norfolk Place, W2 1QJ  
020 7479 8960

## G

**Gail's**  
(COMING SOON)  
[gailsbread.co.uk](http://gailsbread.co.uk)  
3 Canalside Walk, W2 1DG  
020 7724 3590

**Golden Shalimar**  
[goldenshalimar.co.uk](http://goldenshalimar.co.uk)  
6 Spring Street, W2 3RA  
020 7262 3763

**The Grand Duchess**  
[londonshellco.com/the-grand-duchess](http://londonshellco.com/the-grand-duchess)  
Sheldon Square, W2 6PY  
07553 033 636

## H

**Harrison's Coffee**  
[facebook.com/harrisons-coffee](http://facebook.com/harrisons-coffee)  
**Harrisons-Coffee-159793464**  
**6957432**

3 Spring Street, W2 3RA  
07534811 220

**Heist Bank**  
[heistbank.com](http://heistbank.com)  
5 North Wharf Road, W2 1LA  
020 7723 8080

**The Heron**  
[theheronpaddington.com](http://theheronpaddington.com)  
Norfolk Crescent, W2 2DN  
020 7706 7169

**Huckster**  
[hucksterlondon.co.uk](http://hucksterlondon.co.uk)  
4 Kingdom Street, W2 6BD  
020 7846 1985

**The Hyde**  
[thehydebar.com](http://thehydebar.com)  
3 Westbourne Terrace, W2 3UL  
020 7479 6600

## I

**It's All Greek to Me**  
[itsallgreetome.london](http://itsallgreetome.london)  
101 Praed Street, W2 1NT  
020 7402 5505

## K

**Kioskafé**  
[kioskafe.com](http://kioskafe.com)  
31 Norfolk Place, W2 1QH  
020 3111 4242

**KuPP**  
[kupp-uk.com](http://kupp-uk.com)  
5 Merchant Square, W2 1AS  
020 7262 8618

**Kurobuta**  
[kurobuta-london.com](http://kurobuta-london.com)  
17-20 Kendal Street, W2 2AW  
020 7920 6440

## L

**Lena's**  
[lenascafe.com](http://lenascafe.com)  
83 Praed Street, W2 1NT  
020 7402 7776

**Le Pain Quotidien**  
[lepainquotidien.com/uk/en](http://lepainquotidien.com/uk/en)  
30-31 Kendal Street, W2 2AW  
020 3657 6932

**Les Filles Kitchen**  
[lesfilles.co.uk](http://lesfilles.co.uk)  
6 Norfolk Place, W2 1QN  
020 7262 0306

**Lite Bite**  
[facebook.com/Lite-Bite-cafe-bar](http://facebook.com/Lite-Bite-cafe-bar)  
**1506825839552571/reviews**  
7 London Street, W2 1HL  
020 7706 4127

**Lockhouse**  
[lockhouselondon.com](http://lockhouselondon.com)  
3 Merchant Square, W2 1AZ  
020 7706 4253

**London Shell Co**  
[londonshellco.com/the-prince-regent](http://londonshellco.com/the-prince-regent)  
Sheldon Square, W2 6PY  
07553 033 636

**London Street Brasserie**  
[londonstreetbrasserie.com](http://londonstreetbrasserie.com)  
16 London Street, W2 1HL  
020 7706 6511

**Lords of Poké**  
[lordsofpoke.com](http://lordsofpoke.com)  
2 Kingdom Street,  
W2 6BD  
020 7289 3937 ▶



**M**

**Markus Coffee**  
markuscoffee.com  
13 Connaught Street, W2 2AY  
020 7723 4020

**Massis**  
massis.co.uk  
9 Sheldon Square, W2 6HY  
020 7286 8000

**Maximini**  
maximinirestaurant.co.uk  
31-33 Sussex Place, W2 2TH  
020 7402 6263

**Merchant Square Food Trucks**  
merchantsquare.co.uk/  
bars-restaurants-street-food  
Merchant Square, W2 1AF

**Micky's Fish & Chips**  
29 Norfolk Place, W2 1QH  
020 7723 2384

**Mihbaj**  
mihbaj.co.uk  
153 Praed Street, W2 1RL  
020 7706 3063

**Mimo's Café**  
mimoscafe.has.restaurant  
19 London Street, W2 1HL  
020 7706 7175

**Monkey Puzzle**  
themonkeypuzzlepub.co.uk  
30 Southwick Street, W2 1JQ  
020 7723 0143

**Mughal's**  
mughalsrestaurant.uk  
11 London Street, W2 1HL  
020 7262 3030

**N**

**Noorjahan II**  
noorjahan2.com  
26 Sussex Place, W2 2TH  
020 7402 2332

**P**

**146 Paddington**  
www.hilton.com  
146 Praed Street, W2 1EE  
020 7850 0500

**Paramount Lebanese**  
paramountlebanesekitchen.  
co.uk  
26 London Street, W2 1HH  
020 7262 1111

**Pearl Liang**  
pearlliang.co.uk/restaurant  
8 Sheldon Square, W2 6EZ  
020 7289 7000

**Pergola**  
pergolapaddington.com  
5 Kingdom Street, W2 6PY  
020 8187 1035

**The Pilgrim**  
thepilgrim.com  
25 London Street, W2 1HH  
020 7667 6000

**Pizza Express**  
pizzaexpress.com  
3 Merchant Square, W2 1BF  
020 7706 8000

**Pride of Paddington**  
theprideofpaddington.co.uk  
1-3 Craven Road, W2 3BP  
020 7402 2156

**Prince of Wales**  
princeofwalespaddington.co.uk  
2 Cleveland Terrace, W2 6LH  
020 7706 7040

**Pure**  
pure.co.uk  
2 Kingdom Street, W2 6BD  
020 7240 1555

**R**

**The Royal Exchange**  
facebook.com/  
TheRoyalExchangePub  
26 Sale Place, W2 1PU  
020 7723 3781

**S**

**Saint Aymes**  
saintaymes.com  
59 Connaught Street, W2 2BB  
07503 566 556

**Sandro**  
22 Spring Street, W2 1JA  
020 7723 9847

**Satay House**  
satay-house.co.uk  
13 Sale Place, W2 1PX  
020 7723 6763

**Sawyers Arms**  
greeneeking-pubs.co.uk/pubs/  
greater-london/sawyers-arms  
8-9 London Street, W2 1HL  
020 7723 0685

**Skylark Roof Garden**  
skylarkroofgarden.co.uk  
4 Kingdom Street, W2 6BD  
020 7846 1985

**Smith's Bar & Grill**  
smithsbarandgrill.co.uk  
25 Sheldon Square, W2 6EY  
020 7286 9458

**Sussex Fish Bar**  
20 London Street, W2 1HL  
020 7724 0481

**The Sussex Arms**  
sussexarms.com  
21 London Street, W2 1HL  
020 7723 1026



## T

### T4

[t4.co.uk](http://t4.co.uk)

4B Praed Street, W2 1JX  
020 7258 7488

## U

### The Union

[paddington.theunionbar.co.uk](http://paddington.theunionbar.co.uk)

4 Sheldon Square, W2 6EZ  
020 7289 3063

## V

### Vagabond

[vagabondwines.co.uk](http://vagabondwines.co.uk)

6A Sheldon Square, W2 6EZ  
020 7121 8844

### The Victoria

[victoriapaddington.co.uk](http://victoriapaddington.co.uk)

10A Strathearn Place, W2 2NH  
020 7724 1191

## W

### Wagamama

[wagamama.com](http://wagamama.com)

3 Sheldon Square, W2 6HY  
012 5686 9665

## Z

### Zizzi

[zizzi.co.uk](http://zizzi.co.uk)

17 Sheldon Square, W2 6EP  
020 3302 1895

## ACTIVITIES AND EVENTS

Whatever your energy levels you'll find something to do in Paddington between meals. From relaxing afternoons with a picnic and live music, through to communing with nature on the water. Sport and movies will be screened throughout the summer months, or you could try one of the outdoor fitness or yoga sessions.



### • Yoga in Norfolk Square

Every Tuesday 10-11am to the end of August, free yoga in Norfolk Square Gardens.  
[paddingtonnow.co.uk](http://paddingtonnow.co.uk)

### • GoBoat London

Self-drive hire boats from Merchant Square to Camden Lock.  
[goboat.co.uk](http://goboat.co.uk)

### • Outdoor Fitness with a Difference

Embrace the great outdoors while you exercise with the fitness gurus on Merchant Square's Floating Pocket Park.  
[merchantsquare.co.uk](http://merchantsquare.co.uk)

### • Paddle Boarding and Canoeing

Beginner or not, Active360 can get you on the water from their base at Paddington Basin.  
[active360.co.uk](http://active360.co.uk)

### • Openaire Float-in Cinema

Pull up a deckchair or set sail before mooring in front of the big screen for blockbuster movies.  
[openaire.co.uk](http://openaire.co.uk)

### • Outdoor Screens

Paddington Central and Merchant Square present a summer of sport and movies, with big screens showing Wimbledon, the Olympics and films for all the family.  
[merchantsquare.co.uk](http://merchantsquare.co.uk)  
[paddingtoncentral.com](http://paddingtoncentral.com)

### • Holiday Vibes in Norfolk Square Gardens

Last Friday of every month 12noon-2pm in Norfolk Square Gardens, hear music from around the globe. Who needs a holiday abroad when you can holiday at home? Bring a picnic, blankets provided.  
[www.thisispaddington.com](http://www.thisispaddington.com)

### • Summer Sounds on the Water

Every Thursday evening 5.30-7.30pm until 9 September at Merchant Square, sit back and take in live music on the Floating Pocket Park.  
[merchantsquare.co.uk](http://merchantsquare.co.uk)

### • The Pawprint Trail

Pick up a Pawprint Trail from the Paddington shop at Paddington Station, follow in Paddington's footsteps and find bears across the district.  
[thisispaddington.com](http://thisispaddington.com) 



# RECIPE



## INGREDIENTS

### FOR THE SAUCE:

- 2 tbsp vegetable/chilli oil
- 1 onion, finely chopped
- 1 garlic clove, crushed
- 2 pieces of ginger, peeled and grated
- 1 tsp turmeric
- 2 tbsp mild curry powder
- 1 tbsp plain flour
- 300 ml chicken or vegetable stock
- 100 ml coconut milk
- 1 tsp soy sauce
- 1 tsp caster sugar

### FOR THE KATSU:

- 2 skinless chicken breasts (or substitute with 1 aubergine/sweet potato)
- 100g plain flour (50g for vegan version)
- 150ml water
- 2 eggs, lightly beaten
- 100g panko breadcrumbs
- 75ml vegetable oil, for deep-frying

### METHOD

- 1 Soften the onion, garlic and ginger in vegetable oil – or chilli oil if you want a little kick – on a low to medium heat.
- 2 Add the curry powder and turmeric, and cook down to release the flavours.
- 3 Add the flour to act as a roux and thicken the sauce for a minute or so.
- 4 Add the stock slowly while stirring, before mixing in the coconut milk (you can add more than 100ml of coconut milk if you wish). Season with the sugar and soy sauce, then leave to simmer.
- 5 To pane the chicken breasts or vegetables, slice in half and coat in flour, followed by the eggs (if you are vegan, substitute the eggs with a batter you can create by mixing 50g flour and 150ml water). Then coat in the breadcrumbs.
- 6 Using lots of oil, carefully deep fry both sides of the chicken breasts or vegetables until they achieve a golden colour.
- 7 Strain the sauce through a sieve for smoothness.
- 8 To serve, place 120g of cooked rice on a plate, slice and add the fried chicken or vegetables and put a dressed salad on the side. Finally, drench the chicken or vegetables with your curry sauce.



## Wok from home chicken or vegetable katsu curry

*To celebrate the opening of Wagamama Paddington, executive chef Steve Mangleshot guides us through its classic katsu curry recipe*

When many of us were missing our favourite restaurants during the Covid-19 pandemic, many brands unveiled their much-loved recipes so we could continue enjoying those dishes at home. Wagamama was no exception, providing free online **'Wok from home'** cooking lessons with executive chef Steve Mangleshot.

Having assisted the producers of MasterChef during his 30-year career (more than 20 of those being with Wagamama), Steve is familiar with the trials of recreating dishes at home. "We have all been forced to prepare more food at home than we normally do and I want this online show to teach you how you can be a decent chef in no time," says Steve. "I also want to create a sense of community through our food, just like we do in all our restaurants."

Please click to view [Wok from home](#)



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